

Subject: **RSHE**



Intent Statement

At SS Peter & Paul Catholic Primary School, it is our intent to deliver a broad and balanced RSHE curriculum that is ambitious, challenging and engaging. At SS Peter & Paul we believe that RSHE helps to provoke thought and provide answers to questions about the world around us and how we are called to live our lives in this world. All children, including those who are disadvantaged and pupils with SEND, are encouraged to develop a greater understanding and knowledge of themselves and the world, as well as their place in it. The RSHE curriculum at SS Peter & Paul children to develop cumulative knowledge and skills for their future in society. Our RSHE curriculum is based on a diocesan approved programme called 'Life to the Full' written and designed with Ten:Ten Resources in a two year cycle. There are 3 Modules to cover:

Module 2: Created to Love Others;

- Module 1: Created and Loved by God;

Module 3: Created to Live in Community

Implementation - Curriculum Coverage

Year group	Autumn	Spring	Summer
Reception	Module 1: Created and Loved by God Unit 1 – Religious Understanding - Handmade with Love	Module 1: Created and Loved by GodUnit 2 - Me, My Body, My Health- I am me- Heads, Shoulders, Knees and Toes- Ready Teddy?Unit 3 - Emotional Well-Being- I Like, You Like, We All Like!- All the Feelings!- Let's Get Real	Module 1: Created and Loved by GodUnit 4 – Life Cycles- Growing UpModule 3: Created to Live in CommunityUnit 1 – Religious Understanding- God is Love- Loving God, Loving OthersUnit 2 – Living in the Wider World- Me, You, Us

Year group	Autumn	Spring	Summer
Year 1	 Module 1: Created and Loved by God Unit 1 – Religious Understanding Let the Children Come Module 2: Created to Love Others Unit 1 – Religious Understanding God Loves You 	Module 2: Created to Love OthersUnit 2 – Personal Relationships- Special People- Treat Others Well and say sorryUnit 3 – Keeping Safe- Being Safe- Good and Bad Secrets- Physical Contact- Harmful Substances- Can You Help Me? (Part 1)- Can You Help Me? (Part 2)	 Module 3: Created to Live in Community Unit 1 – Religious Understanding Three in One Who is my Neighbour? Unit 2 – Living in the Wider World The Communities we Live in

Year group	Autumn	Spring	Summer
Year 2	Module 1 – Created and Loved by God Unit 1 – Religious Understanding - Let the Children Come	Module 1 - Created and Loved by GodUnit 2 - Me, My Body, My Health- I am unique- Girls and Boys- Clean and Healthy (My Body)Unit 3 - Emotional Well-Being- Feelings, Likes and Dislikes- Feeling Inside Out- Super Susie Gets Angry	Module 1 – Created and Loved by God Unit 4 – Life Cycles - The Cycle of Life - A Time for Everything (Bereavement) Module 3 – Created to Live in Community Unit 1 – Religious Understanding - Three in One - Who is my Neighbour? Unit 2 – Living in the Wider World - The Communities we Live in
Year group	Autumn	Spring	Summer
Year 3	 Module 1 – Created and Loved by God Unit 1 – Religious Understanding Get Up! The Sacraments Module 2 – Created to Love Others Unit 1 – Religious Understanding Jesus My Friend 	Module 2 - Created to Love OthersUnit 2 - Personal Relationships- Friends, Family and Others When Things Feel BadUnit 3 - Keeping Safe- Sharing Online- Chatting Online- Safe in my Body- Drugs, Alcohol and Tobacco- First Aid Heroes	Module 3 - Created to Live in CommunityUnit 1 - Religious Understanding- A Community of Love- What is the Church?Unit 2 - Living in the Wider World- How do I Love Others?
Year group	Autumn	Spring	Summer
Year 4	 <u>Module 1 – Created and Loved by God</u> Unit 1 – Religious Understanding Get Up! The Sacraments 	Module 1 - Created and Loved by GodUnit 2 - Me, My Body, My Health- We Don't Have to be the Same- Respecting Our Bodies- What is Puberty?- Changing Bodies- Male/Female discussion groups (Optional)Unit 3 - Emotional Well-Being- What am I feeling?- What am I looking at?- I am Thankful	Module 1 – Created and Loved by God Unit 4 – Life Cycles - Life Cycles - A Time for Everything (Bereavement) Module 3 – Created to Live in Community Unit 1 – Religious Understanding - A Community of Love - What is the Church? Unit 2 – Living in the Wider World - How do I Love Others?

Year group	Autumn	Spring	Summer
Year 5	 Module 1 – Created and Loved by God Unit 1 – Religious Understanding Calming the Storm Module 2 – Created to Love Others Unit 1 – Religious Understanding Is God Calling You? 	Module 2 - Created to Love OthersUnit 2 - Personal Relationships- Under Pressure- Do You Want a Piece of Cake?- Self-TalkUnit 3 - Keeping Safe- Sharing isn't always Caring- Cyber Bullying- Types of Abuse- Impacted Lifestyles- Making Good Choices- Giving Assistance	 Module 3 - Created to Live in Community Unit 1 - Religious Understanding The Trinity Catholic Social Teaching Unit 2 - Living in the Wider World Reaching Out

Year group	Autumn	Spring	Summer
Year 6	Module 1 – Created and Loved by God Unit 1 – Religious Understanding - Calming the Storm	Module 1 - Created and Loved by GodUnit 2 - Me, My Body, My Health- Gifts and Talents- Girls' Bodies- Boy's Bodies- Spots and SleepUnit 3 - Emotional Well-Being- Body Image- Peculiar Feelings- Emotional Changes- Seeing Stuff OnlineUnit 4 - Life Cycles- Making Babies (Part 1)- Making Babies (Part 2)- Menstruation- A Time for Everything (Bereavement)	 Module 3 - Created to Live in Community Unit 1 - Religious Understanding The Trinity Catholic Social Teaching Unit 2 - Living in the Wider World Reaching Out