

# Family Support at SS Peter & Paul



Hi I'm Chenee,

I am a Family Support Worker from Father Hudson's Caritas. I am based here in your school every Friday.

I am here to support you and your family with any worries or difficulties you may be experiencing, no matter how big or small that may be.

I can provide a listening ear and help you and/or your family to create positive changes.

Please contact **Mrs. E. Calvert-Lyons** if you think you would like to see me...

**Here are some examples of what I could help you with...**

Attendance

Friendships

Mental health and wellbeing

SEN needs and support

Transition into high School

Disability and caring responsibilities

Housing, benefits and finances

Bereavement, Separation & Loss

Boundaries & routines

Relationships

Self-esteem/ confidence