

# DINE

WITH MIQUILL

WEEK ONE

DINE

Main Meal

DINE

Vegetarian

Dessert  
STOP

Sweet Options

## MONDAY



**Meatball Marinara and Pasta**  
*with mixed salad*

**Sweet Chilli Vegetable Stir Fry**  
*with mixed salad*

## TUESDAY



**Mild Chicken Curry**  
*with whole grain rice and green beans*

**Creamy Broccoli and Cheese Pasta Bake**  
*with green beans*

## WEDNESDAY



**Roast Sausages**  
*with roast potatoes, broccoli and gravy*

**Cheesy Leek Glamorgan Sausages**  
*with roast potatoes, broccoli and gravy*

## THURSDAY



**Golden Fish Fingers**  
*(Salmon or Pollock) with wedges and veggies*

**Cheesy Bean Wrap**  
*with oven baked wedges and veggies*

## FRIDAY



**Homemade Margherita Pizza**  
*homemade tomato and mozzarella pizza with chips and veggies*

**Vegetable Dippers**  
*with chips and veggies*

**Fresh Pasta and Tomato Sauce available every day**

Filled Jackets and freshly made sandwiches are also available

**Toffee Sponge**

**Jelly & Fruit Slices**

**Tropical Pineapple Crumble**

**Orange Cookie**

**Vanilla Ice Cream**

Fresh Bread, Yoghurt and Fruit are available daily

WEEK COMMENCING:  
30/10, 20/11, 11/12, 01/01,  
22/01, 12/02, 04/03, 25/03

MIQUILL

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WEEK TWO

DINE

Main Meal

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Dessert  
STOP

Sweet Options

MONDAY

**Comfort**  
FOOD 

**Miquill Brunch**  
(All Day breakfast meal)

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(All Day breakfast meal)

**Banana Sponge  
Cake**

TUESDAY

 **Italian**

**Chicken Chow  
Mein Noodles**  
*with sweetcorn*

**Veggie Fingers**  
*with oven baked  
wedges and green  
salad*

**Jammy Crumble  
Bars**

WEDNESDAY

**Roasts** 

**Minced Beef and  
Onion Pastry Pie**  
*with carrots*

**Veggie, Lentil  
and Onion Pastry  
Pie**  
*with carrots*

**Apple  
Crumble**

THURSDAY

**Fish & Chips** 

**Golden Fish  
Fingers**  
*with oven baked  
wedges and  
veggies*

**Macaroni Cheese**  
*with sweetcorn*

**Orange  
Jelly**

FRIDAY

**AROUND THE  
World** 

**Homemade  
Margherita Pizza**  
*homemade tomato  
and mozzarella  
pizza with chips and  
veggies*

**Mexican Bean  
Wrap**  
*with chips and  
veggies*

**Vanilla  
Ice Cream**

**Fresh Pasta and Tomato Sauce available every day**

Filled Jackets and freshly made sandwiches are also available

Fresh Bread, Yoghurt and Fruit are available daily

WEEK COMMENCING:  
6/11, 27/11, 18/12, 8/01, 29/01,  
19/02, 11/03

MIQUILL 

# DINE

WITH MIQUILL

WEEK THREE

DINE

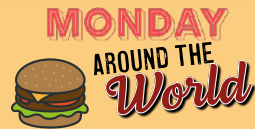
Main Meal

DINE

Vegetarian

Dessert  
STOP

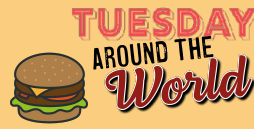
Sweet Options



**Hot Dog**  
*with oven baked  
wedges and green  
beans*

**Veggie  
Shepherd's Pie**  
*with green beans*

**Watermelon  
Wedge**



**Tomato and  
Roasted Vegetable  
Pasta Bake**  
*with broccoli*

**Mild Veggie Korma**  
*with whole grain rice  
and broccoli*

**Chocolate Bricks**



**Roast Gammon**  
*with roast  
potatoes, carrots  
and gravy*

**Baked Mac n  
Cheese**  
*with carrots*

**Oaty Apple  
Crunch Slice**



**Golden Fish  
Fingers**  
*with oven baked  
wedges and beans*

**Veggie Fishless  
Fingers**  
*with oven baked  
wedges and beans*

**Strawberry  
Jelly**



**BBQ Drizzle Pizza**  
*with chips and  
veggies*

**Plant Based  
Sausage Roll**  
*with chips and  
veggies*

**Vanilla  
Ice Cream**

**Fresh Pasta and Tomato Sauce available every day**  
Filled Jackets and freshly made sandwiches are also available

Fresh Bread, Yoghurt and Fruit are available daily

WEEK COMMENCING:  
13/11, 4/12, 25/12, 15/01,  
5/02, 26/02, 18/03

MIQUILL